



# Sailing Instructions

## Jericho Sailing Centre Association

### 1. RULES

**1.1** The Penguin Cup, Sunday Racing and Tuesday Night racing series will be governed by the rules as defined in The Racing Rules of Sailing (RRS).

**1.2** RRS 40 and the preamble to Part IV are amended so that competitors shall wear personal flotation devices at all times while on the water. Wet suits or dry suits do not qualify as personal flotation devices.

**1.3** For multihull classes, RSS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the south wall in the foyer of the Jericho Sailing Centre.

### 3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1100 hours on the day it will take effect, except that any change to the schedule of races will be posted by 1900 hours on the day before it will take effect.

### 4 SIGNALS MADE ASHORE

**4.1** Signals made ashore will be displayed at the flag-pole by the ramp closest to the north east corner of the Jericho Sailing Centre building.

**4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP.

### 5 SCHEDULE OF RACES

**5.1** Dates of JSCA Penguin Cup, Tuesday Night and Sunday Racing programs are available at: [jsca.bc.ca/events](http://jsca.bc.ca/events).

**5.2** The scheduled time of the warning signal for the first race each day is:

Penguin Cup/Sunday Racing: 1230 hours

Tuesday Night Racing: 1815 hours

### 6 CLASS FLAGS

Class flags will be:

**Laser** – White flag with red class insignia

**Laser Radial and Laser 4.7** – Green flag with red class insignia

**Tasar** – White flag with red class insignia

**Martin 16** – White flag with red class insignia

**F18** – White flag with pink class insignia

**420** – Red and blue flag with blue 420 class insignia encircled in white

**Vanguard** – White flag with Vanguard class insignia

**Flying Junior** – White flag with blue class insignia

**Xclass monohull** – White flag with Xmo symbol

**Xclass multihull** – White flag with Xmu symbol

Other class flags may be added as needed.

### 7 RACING AREA

English Bay directly north, east and west of the Jericho Sailing Centre Association

### 8 THE COURSES

The diagrams in Attachment B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

### 9 MARKS

**9.1** Marks are described in the course diagrams shown as Attachment B.

**9.2** A race committee vessel signaling a change of a leg of the course is a mark as provided in SI 12.2.

### 10 AREAS THAT ARE OBSTRUCTIONS

**10.1** A line beginning at the northwest corner of the Royal Vancouver Yacht Club Jericho breakwater, through a series of orange and white can buoys ending with the north end of the most westerly pier at Jericho Sailing Centre, delimits an obstruction. Boats may not pass south of this line.

**10.2** Swimming areas demarked by special purpose buoys along the south shore of English Bay are considered an obstruction.

**10.3** The finish line will rank as an obstruction unless finishing.

### 11 THE START

**11.1** Races will be started by using RRS 26 with the warning signal made 3 minutes before the starting signal.

**11.2** The starting line will be between an orange staff on the race committee signal boat at the starboard end and a staff displaying a red flag at the port end.

**11.3** Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

**11.4** A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

**11.5** In the case of a general recall, the First Substitute will be displayed (with two horns) until the preparatory signal of the subsequent fleet. The warning signal for the recalled fleet will be made with the starting signal of the last of the fleets waiting to start – moving the recalled fleet to the end of the queue. This changes RRS 29.2.

## **12 CHANGE OF THE NEXT LEG OF THE COURSE**

**12.1** To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

**12.2** Except at a gate, boats shall pass between the race committee vessel signaling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.

## **13 THE FINISH**

**13.1** The finishing line will be between an orange staff on the race committee signal boat and a staff displaying a blue flag.

## **14 TIME LIMITS AND TARGET TIMES**

**14.1** The time limit will be 45 minutes. Boats failing to finish within 30 minutes after the first boat in their class finishes or within the time limit, whichever is later, will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

**14.2** If no boat makes it to mark 1 within 30 minutes, the race will be abandoned.

## **15 PROTESTS AND REQUESTS FOR REDRESS**

**15.1** Protest forms are available at the Jericho Sailing Centre office and online at [jsca.bc.ca/events](http://jsca.bc.ca/events). Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

**15.2** For each class, the protest time limit is 45 minutes after the race committee has returned ashore.

**15.3** Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, beginning at the time posted.

**15.4** Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

**15.5** On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 20 minutes after the decision was announced. This changes RRS 62.2.

## **16 SCORING**

**16.1** One race is required to be completed to constitute a series.

**16.2** When four or less races have been completed, a boat shall score all its races. When five to nine races have been completed, a boat's score shall be the sum of all its races excluding its worst score. When ten or more races have been completed, a boat's score shall

be the sum of all its races excluding its two worst scores.

## **17 SAFETY REGULATIONS**

**17.1** A boat that retires from a race shall notify the race committee as soon as possible.

## **18 OFFICIAL BOATS**

Official boats are:

Albatross (a 9.1m white catamaran)

Jericho Marks (a 6.1m aluminum work boat)

Jericho Rescue Hurricane (a 5.9m orange RHIB)

Jericho Rescue Titan (a 6.7m orange RHIB)

## **19. TRASH DISPOSAL**

Trash may be placed aboard support or official boats.

## **20 RADIO COMMUNICATIONS**

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

## **21 DISCLAIMER OF LIABILITY**

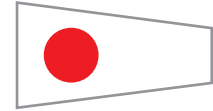
Competitors participate in Penguin Cup, Sunday Racing and / or Tuesday Night Racing entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after a Penguin Cup, Sunday Racing and / or Tuesday Night Racing event.

## **22 RIGHTS TO USE NAME AND LIKENESS**

By participating in Penguin Cup, Sunday Racing and / or Tuesday Night Racing, competitors automatically grant to the organizing authority the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

# Course 1 – Standard Triangle

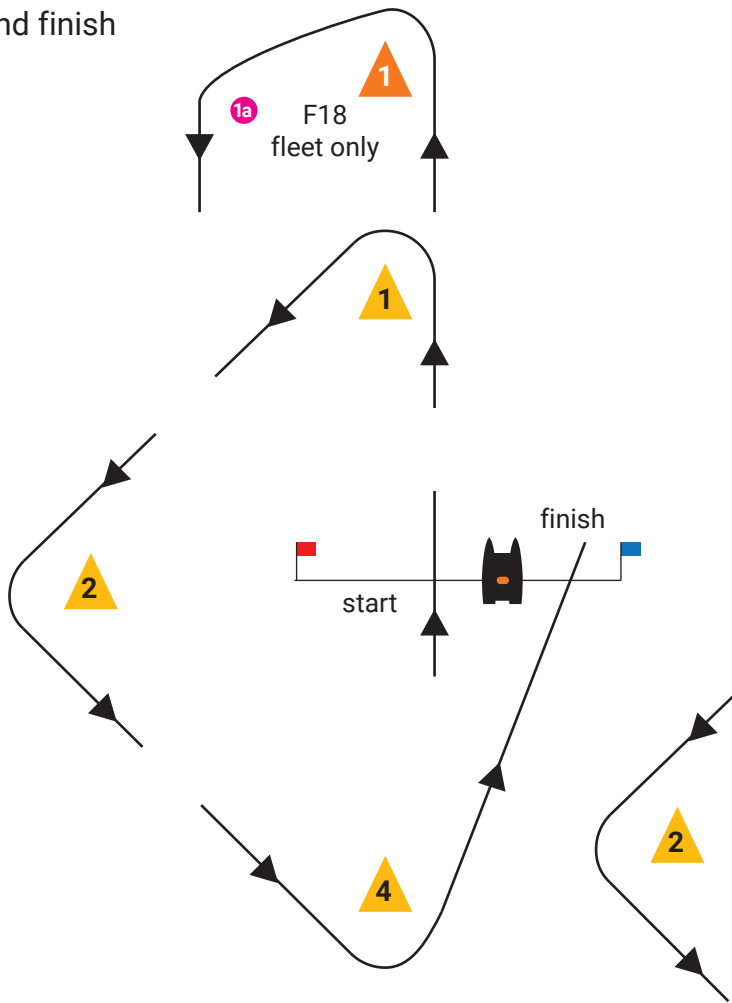
Start – 1 – 2 – 4 – Finish  
**F18 class:** Start – 1 – 1a – 2 – 4 – Finish



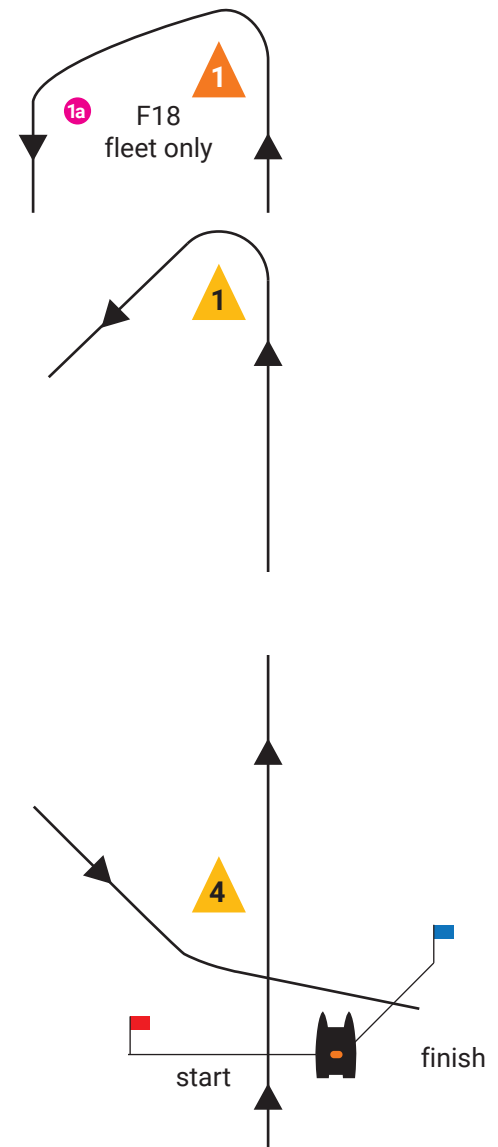
Finish line is an obstruction unless finishing.

Marks 1 and 4 are yellow tetrahedrons.  
**F18 class:** Mark 1 is an orange tetrahedron and Mark 1a is a pink ball.

upwind finish

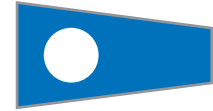


downwind finish



# Course 2 – Windward Leeward

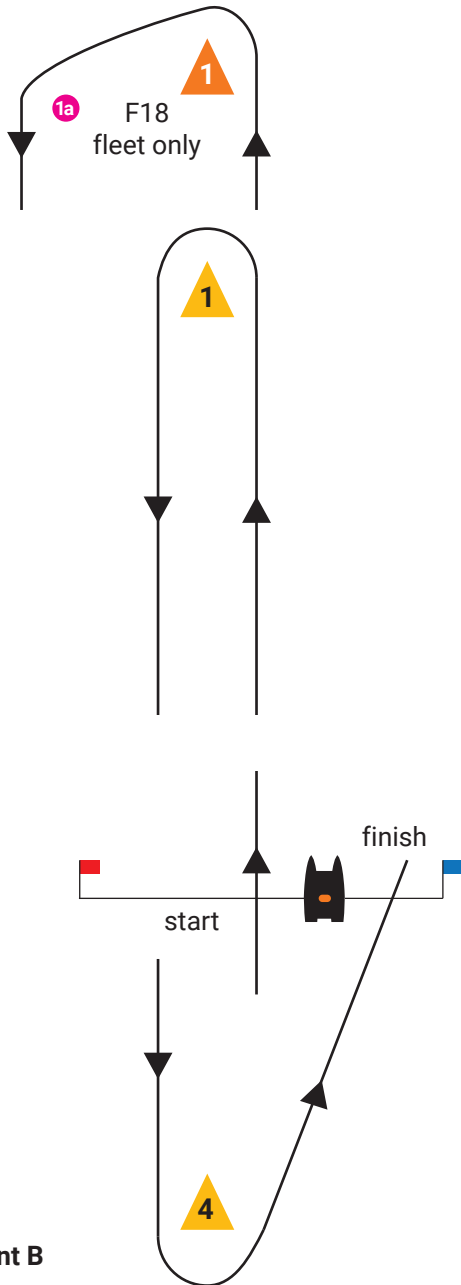
Start – 1 – 4 – Finish  
**F18 class:** Start – 1 – 1a – 4 – Finish



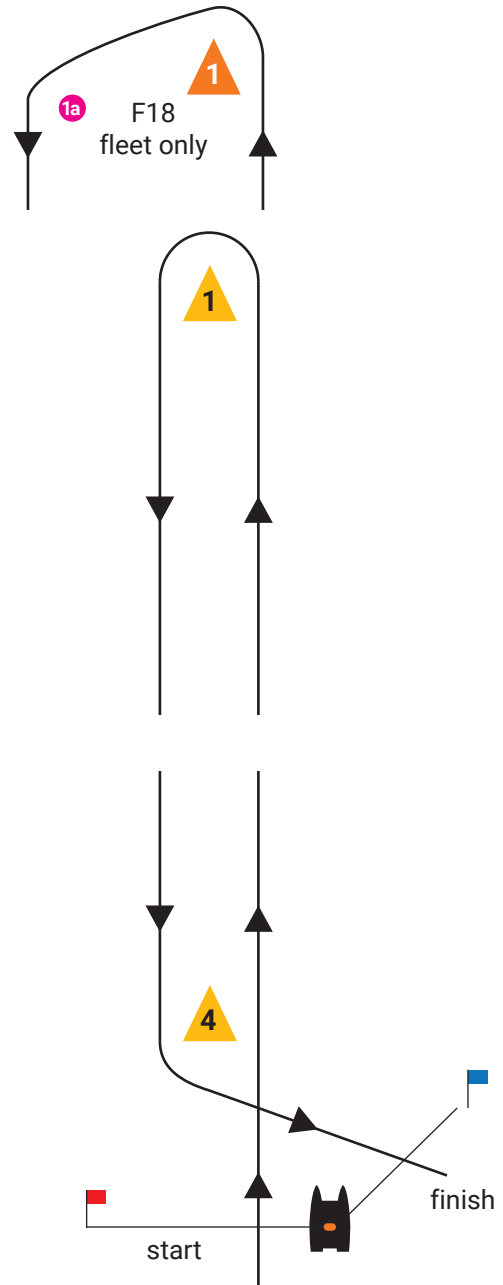
Finish line is an obstruction unless finishing.

Marks 1 and 4 are yellow tetrahedrons.  
**F18 class:** Mark 1 is an orange tetrahedron and Mark 1a is a pink ball.

upwind finish

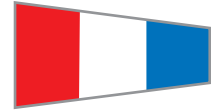


downwind finish



# Course 3 – Triangle-Windward-Leeward (Bermudan Triangle)

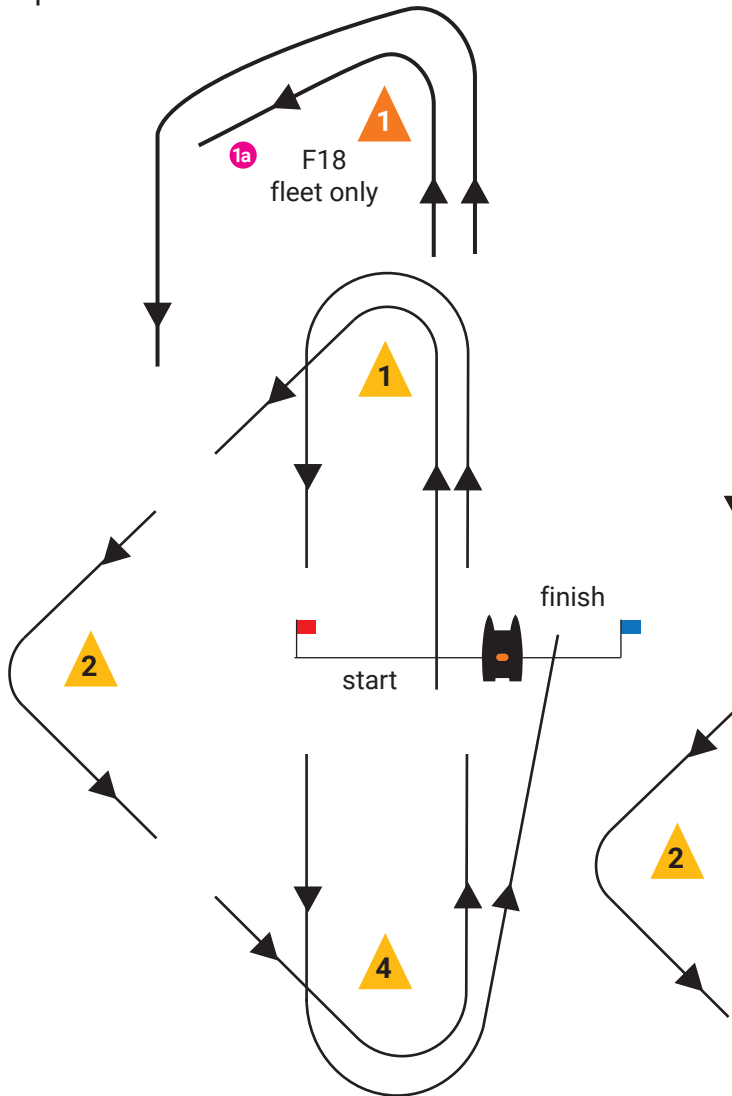
Start – 1 – 2 – 4 – 1 – 4 – Finish  
**F18 class:** Start – 1 – 1a – 2 – 4 – 1 – 1a – 4 – Finish



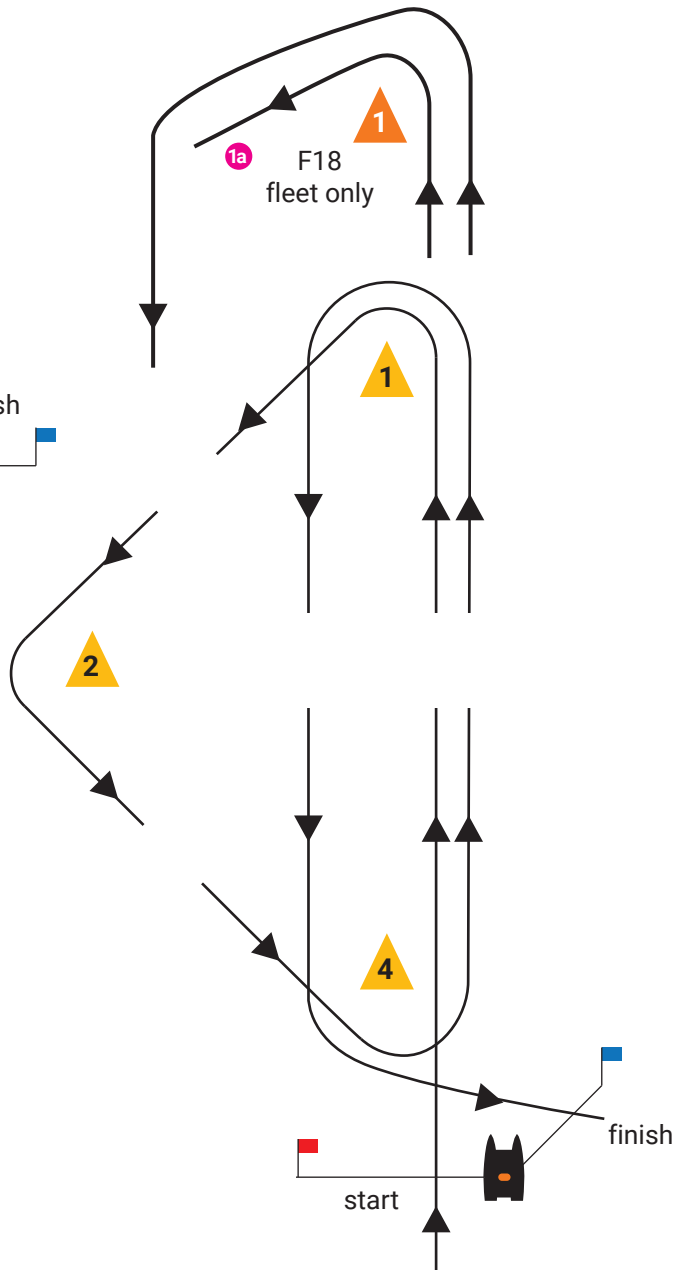
Finish line is an obstruction unless finishing.

Marks 1 and 4 are yellow tetrahedrons.  
**F18 class:** Mark 1 is an orange tetrahedron and Mark 1a is a pink ball.

upwind finish

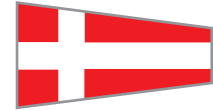


downwind finish



# Course 4 – Windward Leeward twice round

Start - 1 - 4 - 1 - 4 - Finish  
**F18 class:** Start - 1a - 4 - 1 - 1a - 4 - Finish

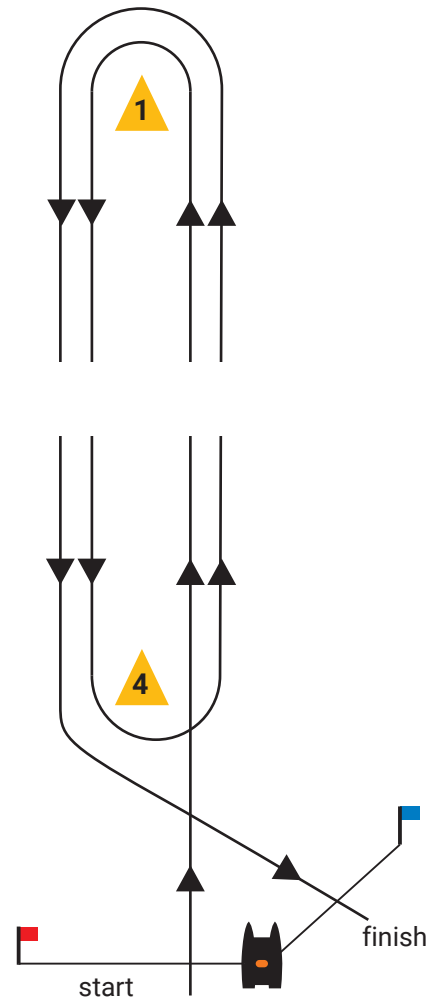
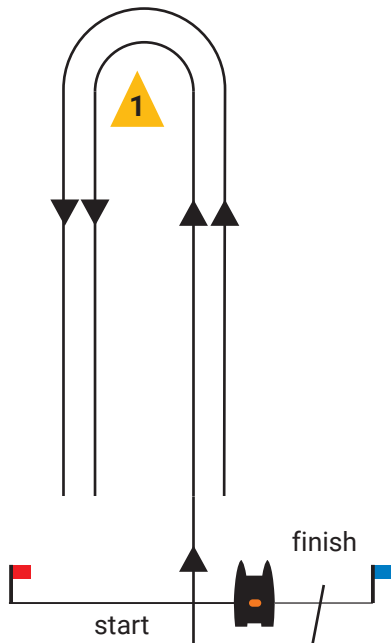
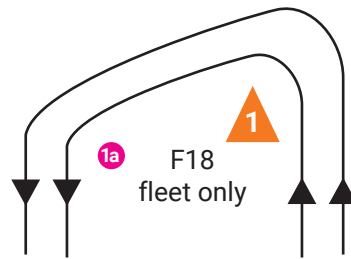
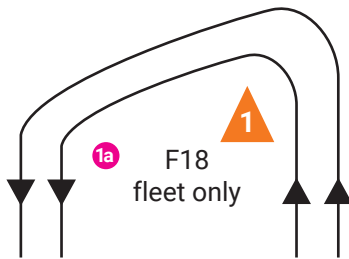


Finish line is an obstruction unless finishing.

Marks 1 and 4 are yellow tetrahedrons.  
**F18 class:** Mark 1 is an orange tetrahedron and Mark 1a is a pink ball.

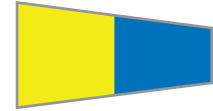
upwind finish

downwind finish



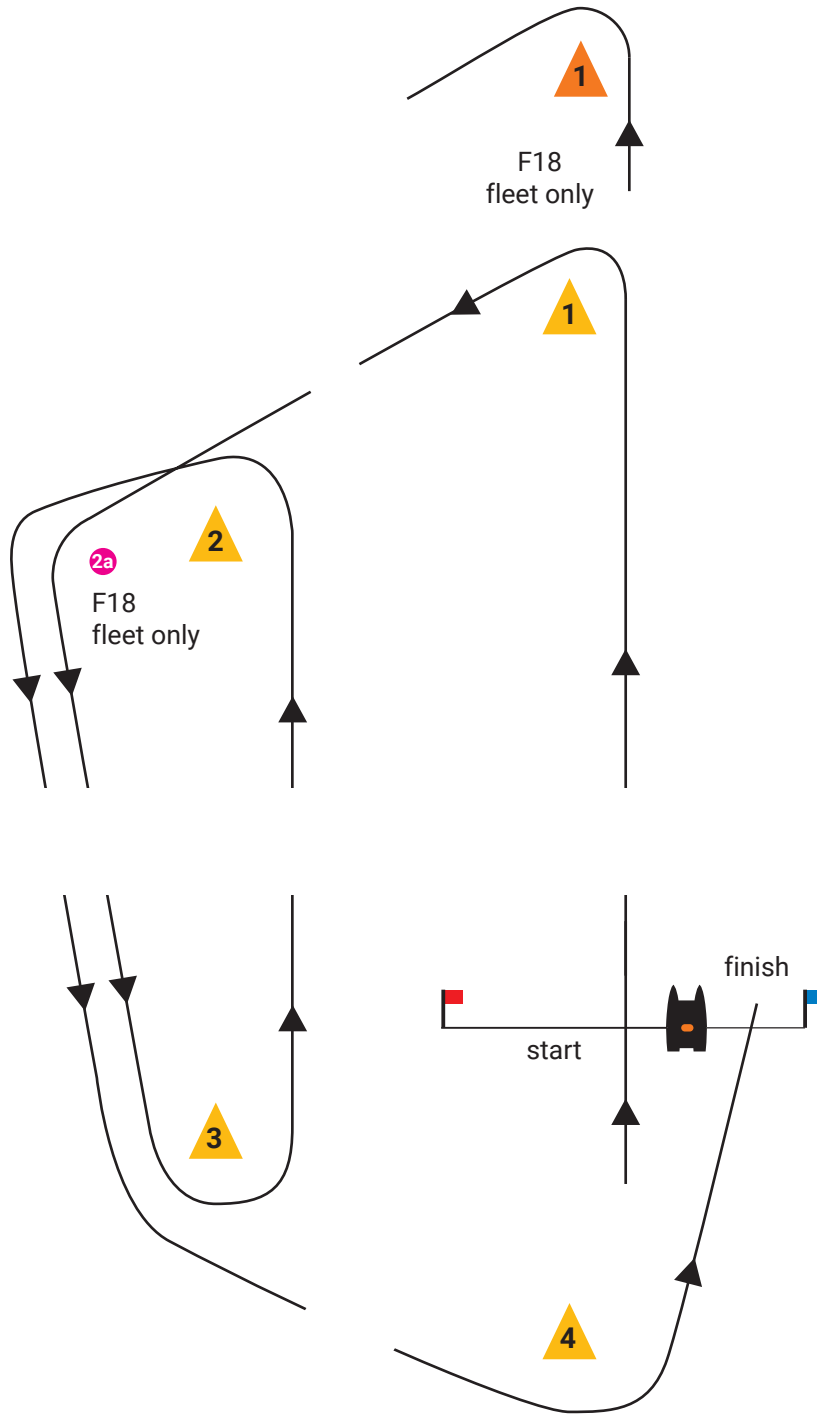
# Course 5 – Trapezoid with one outside windward leg

Start – 1 – 2 – 3 – 2 – 3 – 4 – Finish  
**F18 class:** Start – 1 – 2 – 2a – 3 – 2 – 2a – 3 – 4 – Finish



Finish line is an obstruction unless finishing.

Marks 1, 2, 3 and 4 are yellow tetrahedrons.  
**F18 class:** Mark 1 is an orange tetrahedron and Mark 2a is a pink ball.



# Course 6 – Trapezoid with two outside windward legs

Start – 1 – 2 – 3 – 2 – 3 – 4 – Finish  
**F18 class:** Start – 1 – 2 – 2a – 3 – 2 – 2a – 3 – 4 – Finish



Finish line is an obstruction unless finishing.

Marks 1, 2, 3 and 4 are yellow tetrahedrons.  
**F18 class:** Mark 1 is an orange tetrahedron and Mark 2a is a pink ball.

